

COUNTY RURAL OFFICES OF SOCIAL SERVICES
MENTAL HEALTH AND DISABILITIES
MANAGEMENT PLAN

ANNUAL SERVICE AND BUDGET PLAN

FISCAL YEAR 2018
JULY 1, 2017 –JUNE 30, 2018

SERVING THE COUNTIES OF:
CLARKE, DECATUR, LUCAS, MARION, MONROE, RINGGOLD, AND WAYNE



CROSS REGION ANNUAL SERVICE AND BUDGET PLAN FOR FYE 2018

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Introduction

Geographical Area: Serving the Counties of Clarke, Decatur, Lucas, Marion, Monroe, Ringgold, and Wayne. The County Rural Offices of Social Services was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service Region in compliance with Iowa Code 331.390.

In compliance with IAC 441-25 the CROSS Management Plan includes three parts: Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual. The Annual Service and Budget Plan includes the services to be provided and the cost of those services, local access points, Targeted Case Management agencies, a plan for ensuring effective crisis prevention and a description of the scope of services, projection of need and cost to meet the need, and provider reimbursement provisions.

The Annual Service and Budget Plan is approved by the CROSS governing board and is subject to approval by the Director of Human Services. The CROSS Region management plan is available in each local CROSS office and on the Iowa Department of Human Services Website at <http://dhs.iowa.gov/mhds>. The Region also has its management plan on the CROSS website at <http://crossmentalhealth.org>.

The CROSS MHDS system is designed to work in a quality improvement partnership with stakeholders throughout the region to develop a welcoming person-oriented recovery system that is multi-occurring-capable to improve the health and successful outcomes of individuals with mental illness and/or intellectual or developmental disabilities who also face the challenges of living in rural Iowa.

Planning for Fiscal Year 18 is based on the Region's strategic plan which focuses on five pillars: Crisis Services, Jail Diversion, Evidenced-Based Practices, Value-Based Services, and Service Expansion.

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Access Points

An access point is a part of the service system or community that shall be trained to complete the MH/DD funding applications for persons with a disability and forward them to the local CROSS Office.

Access Points	Address	Phone Number
Clarke County Courthouse, CROSS Coordinator Office	100 S. Main, Osceola, IA 50213	641-414-2968
Crossroads Mental Health	820 N Main, Osceola, IA 50213	641-342-4888
Clarke County Hospital	800 S Fillmore St. Osceola, IA 50213	641-342-2184
Clarke County Public Health	134 W. Jefferson, Osceola, IA 50213	641-342-3724
Decatur County Community Services	201 NE Idaho St., Leon, Iowa 50144	641-446-7178
Community Health Centers of Southern Iowa (2 locations)		
Leon	302 NE 14 th St., Leon, Iowa 50144	641-446-2383
Lamoni	802 E Ackerley, Lamoni, Iowa 50140	641-784-7911
Decatur County Public Health	207 NE Idaho St., Leon, Iowa 501044	641-446-6518
Lucas County Community Services, CROSS Coordinator Office	125 South Grand Chariton, IA 50049	641-774-0423
Southeast Iowa Case Management	207 West Second St., Suite 3, PO Box 1626 Ottumwa, IA 52501	641-684-6399
Lucas County Health Center	1400 N. 7 th , Corydon, IA 50049	641-774-3370
Marion County Community Services	2003 N. Lincoln, Knoxville, IA 50138	641-828-8149
Marion County Public Health	2003 N. Lincoln, Box 152, Knoxville, IA 50138	641-828-2238
Monroe County Community Services, Cross Coordinator Office	1801 South B Street, Albia, Iowa 52531	641-932-2427
Community Health Centers of Southern Iowa	12 Washington Ave West, Albia, Iowa 52531	641-932-2065
Southeast Iowa Case Management	207 West Second St., Suite 3, PO Box 1626 Ottumwa, IA 52501	641-684-6399
Ringgold County Public Health	119 South Fillmore, Mount Ayr, Iowa 50854	641-464-0691
Wayne County Community Services	101 North Lafayette, Corydon, IA 50060	641-872-1301
Southeast Iowa Case Management	207 West Second St., Suite 3, PO Box Ottumwa, IA 52501	641-684-6399
Community Health Centers of Southern Iowa	215 West State Street, Corydon, IA 50060	641-872-1750

Targeted Case Management

Legal requirements require Targeted Case Management to be addressed in the Annual Service and Budget Plan. However, at the time of writing these laws, Managed Care Organizations (MCOs) were not a part of the Medicaid system in Iowa.

CROSS shall offer choice and access to cost effective, evidenced-based, conflict-free Targeted Case Management as described in IAC 441-25.21(1) g. The designated Case Management agencies serving the CROSS must be accredited according to the rules of the Department of Human Services. Targeted Case Managers must meet the qualifications as defined in IAC 441.24.1(225C)

Targeted Case Management and Service Coordination Services shall meet the following expectations:

- Performance and outcome measures relating to the safety, work performance and community residency of the individuals receiving the service
- Standards including but not limited to social history, assessment, service planning, incident reporting, crisis planning, coordination, and monitoring for individuals receiving the services.
- Methodologies for complying with the requirements of sub rule 441-25.21 g which may include the use of electronic recording keeping and remote or internet-based training.

Prior to the implementation of MCOs in Iowa, the Governing Board of the CROSS Region designated certain Case Management programs to work within the region. It is now the MCOs and IHHs which provide the Community-Based Case Management programs. The region continues to provide Service Coordination to people who are not eligible for a Community-Based Case Manager or an Integrated Health Home. The Region has 4.5 designated Service Coordinators providing this service, and 2 FTE Service Coordinators working with the SOAR program.

Crisis Services and Planning

Crisis Services spans a broad continuum of care and supports to meet individual needs. The Region continues to identify, enhance and expand services each year as funding and resources allow. The focus for FY18 is to broaden access to emergent, urgent and routine services.

Prevention, Education and Public Awareness

Prevention begins with community awareness and education. CROSS has provided Mental Health First Aid (MHFA) classes throughout the Region. Our focus has been law enforcement, health care providers, HCBS providers, and the general public. To maintain a consistent program CROSS has four certified trainers to conduct classes within the Region. CROSS will be expanding the trainers' certifications to Children's Mental Health First Aid in FY18 to provide classes to local schools.

CROSS is collaborating with NAMI of Central Iowa and other regions to expand public education and awareness by sponsoring and providing slots for Family to Family, Basic, and Support Group trainings. CROSS is also starting a NAMI chapter to provide information and support to individuals and families.

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CROSS continues to collaborate with law enforcement agencies throughout the region and will continue to send two law enforcement officers each year for Crisis Intervention Training (CIT). Officers receive training through the Johnson County Metro Crisis Team Training in Iowa City. Officers have also been trained in MHFA and de-escalation by Bob VandePol through Pine Rest to help prevent unnecessary incarceration of individuals with mental illness.

A mobile crisis response team will be in development in FY18. The team will span all 7 counties to avoid unnecessary civil commitments through pre-commitment triage, assessment and intervention. The team will be available 24/7 and will be available to individuals and families not familiar with services or who do not know how to access services. The team will work with clerks of court, behavioral health providers, local law enforcement and the Crisis Hot Line to identify individuals needing the service.

Emergent

The Region provides 24hour access and evaluation through consultation services to local hospitals and law enforcement. CROSS financially supports this service through Integrated Telehealth Partners (ITP). ITP contracts directly with psychiatrists and Master's-degree social workers who are credentialed through the participating hospitals. The service is available within 2-4 hours. All eight hospitals within the seven county region will have this service by FY18. ITP also provides follow up outpatient services through local providers or through tele-psych within 24 hours of release from ED. ITP also provides tele-psychiatric appointments to four of the six jails in the region. The other two jails had tele-psych in place through a different provider.

Crisis Line: CROSS contracts with Foundation 2 to provide a Crisis Line that serves the seven counties within the region. Foundation 2 meets Chapter 24 requirements for a crisis line and has the ability to track calls as to location, type, outcome, duration, gender and age. The crisis line is available 24 hours a day seven days a week. The purpose is to achieve immediate relief of distress in pre-crisis and crisis situations, reduce of the risk of escalation of a crisis, arrange for emergency responses when necessary to protect individuals in a crisis and refer callers to appropriate service when other or additional intervention is required. Foundation 2 counselors provide linkage to CROSS resources as needed. The crisis line has expanded to chat and talk Monday through Friday from 8-4. The region will continue to contract with Foundation 2.

Inpatient: Inpatient services remain a problem area with regard to access. Individuals with violent behaviors wait for days to access a bed or are discharged home or back to the service provider. This is a statewide problem. CROSS is working with the state, MCOs and providers to address this issue. CROSS provides funding for inpatient care wherever placement can be arranged.

Residential Crisis Services: CROSS contracts with Hope Wellness Center to provide Residential-Based Crisis Stabilization to support hospital diversion. Individuals receive short term intensive intervention and are linked to ongoing supports, services and community resources. This is a voluntary service that serves to reduce the number of people who during a mental health crisis are hospitalized or incarcerated. The service also provides a transition for individuals being discharged from inpatient care and needing to transition before re-entry to the community. CROSS is in negotiations to contract with

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other regions to increase access to beds in FY18. CROSS is also in negotiations with transportation providers to reduce access barriers.

Transition Homes: CROSS contracts with the Mary Greeley transitional Living Program that provides supports to individuals that still have symptoms that interfere with independent living. The program duration averages two to four weeks and provides medication monitoring and education, social skill building, prevocational training, and self-care / leisure education.

23 hour Observation Beds: CROSS contracts with Mary Greeley for observation beds that range from 8 to 23 hours. Observation beds allow for continued monitoring and assessment to determine if inpatient care is needed or if the individual can be diverted to a less restrictive form of treatment. Frequently an individual can stabilize and be referred to transitional living, crisis residential crisis services or outpatient care without the necessity of a civil commitment.

Urgent

Crisis Psychiatric and Crisis Therapy appointments: CROSS provides funding through ITP to provide access to crisis psychiatric appointments through local behavioral health providers and both Integrated Health Homes.

Jail Diversion: CROSS funds tele-psychiatric services in all jails located in the region. ITP facilitates the service to four of the six jails. The other two jails use another service that was in place prior to regionalization. CROSS has begun initiating the Stepping Up national initiative to reduce the number of individuals with mental illness in jails. At the time of this report, the following member counties Boards of Supervisors have passed the stepping up resolution: Decatur, Clarke, Ringgold and Wayne. The goal is to have all member counties adopt the resolution by the beginning of FY18. The four counties that have adopted the resolution have formed stakeholder committees and are beginning to implement the modules. Once local committees are formed there will be regional meetings via join.me to combine data and develop a regional approach to further jail diversion programs. CROSS has currently funded CIT training for two officers and has begun planning to develop mobile crisis throughout the region with implementation in FY18.

Recovery Services

Evidenced-Based: CROSS has been supportive of evidence-based practices throughout the region. In FY 17 CROSS contracted with Resources for Human Development (RHD) to provide a rural Assertive Community Treatment (ACT) program to fidelity. The program will begin taking clients April 1, 2017 and will be funded by the Region FY 18 and FY19. The purpose of Assertive Community Treatment (ACT) is to deliver comprehensive and effective services to individuals who are diagnosed with severe mental illness and whose needs have not been well met by more traditional service delivery approaches. ACT provides an integrated set of other evidence-based treatments, rehabilitation, case management, and support services delivered by a mobile, multi-disciplinary mental health treatment team. ACT supports recipient recovery through a highly individualized approach that provides recipients with the tools to obtain and maintain housing, employment, relationships and relief from symptoms and medication side

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effects. The nature and intensity of ACT services are developed through the person-centered service planning process and adjusted through the process of daily team meetings.

Integrated Co-occurring Treatment: Community Health Centers of Southern Iowa has developed an Integrated Co-occurring Treatment Program and structuring it to meet fidelity utilizing the SAMHSA toolkit. The program integrates outpatient mental health and substance abuse treatments into a single, cohesive package. Effective treatments are also individualized to address personal factors and stage of motivation, e.g., engaging people in services, helping them to develop motivation, and helping them to develop skills and supports for recovery. The program will be implemented in FY17 and continued in FY18 with Regional financial support.

Intensive Psychiatric Rehabilitation (IPR): The program assists individuals in developing and planning for long-term, recovery-focused goals in the areas of living, employment, education, and socialization. IPR provides group and individual services focused on building the skills necessary for success, satisfaction, and recovery. CROSS has two providers in the region providing IPR. One program is focused on senior citizens and is Medicare reimbursed. The second program focuses on adults 18-65 years. Neither program is operating to fidelity at this time.

Outpatient: CROSS has outpatient providers that cover all member counties. Marion County is in need of medication management expansion and the region continues to work on provider network expansion in this area. The Region encourages the use of tele-psychiatry to expand access to professionals.

Family and Peer Support: The Region contracts with the Integrated Health Homes for Family and Peer support services. The Region supports the recruitment of peers and family members for training opportunities and is funding Family to Family training in those efforts. The Region funds employment opportunities through the ACT team and Mobile Crisis as that program develops.

Transportation: Transportation service is funded by the Region through contracts with transportation providers. The region provides funding for transportation to mental health appointments, employment, and inpatient treatment. The Region is expanding contracts in this area to include crisis transportation to residential crisis services and voluntary placements.

Supportive Housing: Supportive housing is a combination of affordable housing and support services designed to help individuals and families use housing as a platform for health and recovery following a period of homelessness, hospitalization or incarceration or for youth with mental illness who are aging out of foster care. Safe and affordable housing is a need in the rural communities that comprise the CROSS Region. Funding for housing is provided for ACT Team participants if a need is identified and will be funded in FY18 and FY19. The region is training key staff in supportive housing and will be engaged in planning an expansion of this needed service into a Permanent Supportive Housing program.

Employment First: In FY17 the Region took steps to educate regional staff, Board members and providers on Employment First initiatives by utilizing state technical assistance. The Region has assisted providers in linking with technical supports as they transition to the Employment First model. FY18 the

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region has assigned staff and will move forward with planning and development with providers to increase the array and quality of employment supports and services available in the Region.

The following chart is a listing of current CROSS MHDS Emergency services that provide 24 hour access to evaluation and crisis response.

Area	PROVIDER	ADDRESS	Phone
Clarke County	Cross Roads Mental Health	820 N. Main St. #1, Osceola, Iowa 50213	641- 342-4888
Clarke County	Clarke County Hospital – ITP services available	800 S. Fillmore St., Osceola, Iowa 50213	641- 342-2184
Decatur, Lucas, Wayne, Ringgold, Monroe Counties	Community Health Centers of Southern Iowa (CHCSI)	Home Office: 302 NE 14 th St, Leon, Iowa 50144	641- 446-2383
Decatur County	Decatur County Hospital – ITP services available	1405 NW Church, Leon , Iowa 50144	641- 446-4871
Lucas County	Lucas County Health Center	1200 N. 7 th St., Chariton, Iowa 50049	641- 774-3000
Lucas County	Lucas County Hospital – ITP services available	1200 N. 7 th St., Chariton, Iowa 50049	641- 774-3000
Marion County	Knoxville Area Community Hospital – ITP services available	1002 S. Lincoln ST. Knoxville, Iowa 50138	641-842-2151
Marion County	Pella Regional Hospital – ITP services available	1208 N. Lincoln St. Pella, Iowa 50219	641-828-3832
Monroe County	Monroe County Community Hospital – ITP services available	6580 165 th St., Albia, Iowa 52531	641- 932-2134
Ringgold County	Ringgold County Community Hospital – ITP services available	504 Cleveland St., Mount Ayr, Iowa 50854	641- 464-3226
Wayne County	Wayne County Hospital – ITP services available	417 S. East St., Corydon, Iowa 50060	641- 872-2260
Marion County	Optimae Lifeservices,	301 West Burlington Ave., Fairfield, Iowa 52556	641-472-5771
Marion County	Pine Rest Christian	2611 Washington, Pella, Iowa 50219	641-628-9599
Clarke, Decatur, Lucas, Marion, Monroe, Ringgold, and Wayne	(ITP) Integrated Telehealth Partners	2829 Westown Pkwy. Ste. 220 West Des Moines, Iowa 50266	855-270-3625
Clarke, Decatur, Lucas, Marion, Monroe, Ringgold, and Wayne	Foundation 2 – 24 hour access crisis line	1714 Johnson Ave NW, Cedar Rapids, IA 52405	319-362-1170
All counties in Region	Hope Wellness Center -CSRS	PO Box 458, Woodward, IA 502276	515-438-2331
Civil Commitment	Mary Greely Medical Center	1111 Duff Ave. , Ames, IA 50010	(515) 239-2155

SCOPE OF SERVICES ~ BUDGET and FINANCING PROVISIONS

The annual budget and planning process is utilized to identify and implement core disability service improvements. The CROSS MHDS Region collaborates with stakeholders to assess need and to advocate for adequate funding for services and supports in the initial core and additional core service domains. The FY18 budget was developed by the Technical Assistance Team and submitted to the Governing Board for final approval. Utilization data from the Community Services Network, provider network, and strategic plan are reviewed annually as part of the budgeting process. The team also utilizes input gathered throughout the year from the Advisory Committee, provider groups, surveys and assessments to identify gaps and/or barriers in services or access.

The CROSS MHDS Region funds services not otherwise provided by insurance and Medicaid programs. Individuals can access their fullest support by combining funding through Region, State and Federal funding. CROSS MHDS is responsible for services that are authorized in accordance with the Regional Management Plan and within the constraints of budgeted dollars. Services funded by the Region are subject to change, including reduction or termination with the development of the annual budget each fiscal year. The Regional Management Plan and Policy & Procedure manual addresses mandated services access standards.

The County Rural Offices of Social Services Chief Executive Officer (CEO) proposed the FYE 2018 budget on February 28, 2017, and at that time the County Rural Offices of Social Services Regional Governing Board adopted the budget. The CROSS MHDS Region CEO is responsible for managing and monitoring the adopted budget.

Annually, the CEO for CROSS MHDS Region reviews actual expenditures and services provided, stakeholder input and participation, quality assurance implementation findings, waitlist information, progress toward goals and objectives and , if any, appeal type and resolution to determine if gaps in services or barriers to services exist. In December of each year this annual review is submitted to the Department of Human Services.

The chart below represents the core services as described in 441-25.1(331) and additional services offered in CROSS MHDS Region. A description of the service is included as well as the projected funding need for Fiscal Year 2018. A "\$0" projection indicates that the region does not expect any expenses in this area since they are covered by other funding sources; however, should a need arise in these service domains, funding will be made available for those core services not covered. Access standards in IAC 441-25.3(331) have been considered in the formation of the budget and are based on the projected need in the region. It is felt that access standards will be met based on the number of providers, their locations, historical data and input from the stakeholders. An individual is expected to utilize all other federal, state, and private insurance coverage before the region will be considered as a funder for any available service. By utilizing all available funding sources, it is the intention of CROSS MHDS to

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effectively, responsibly and efficiently utilize its resources in order to cover as many individuals as possible and provide a wide range of mental health and disability services.

EXPENDITURE BUDGET FY 2018

FY 2017 Budget	County Rural Offices of Social Service MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total	State or Other Funding Sources to be Used to Meet Service Need
Core Domains								
COA	Treatment							
43301	Assessment & evaluation	\$ 1,600			\$ -		\$ 1,600	Medicaid, Insurance
42305	Mental health outpatient therapy	\$ 14,500			\$ -		\$ 14,500	Medicaid, Insurance
42306	Medication prescribing & management	\$ 4,500			\$ -		\$ 4,500	Medicaid, Insurance
71319	Mental health inpatient therapy-MHI	\$ 6,000					\$ 6,000	Medicaid, Insurance
73319	Mental health inpatient therapy	\$ 62,000					\$ 62,000	Medicaid, Insurance
	Basic Crisis Response							
32322	Personal emergency response system	\$ 1,675	\$ 1,000				\$ 2,675	Medicaid, Insurance
44301	Crisis evaluation	\$ 95,000					\$ 95,000	Medicaid, Insurance
44305	24 hour access to crisis response	\$ 3,500					\$ 3,500	Medicaid, Insurance
	Support for Community Living							
32320	Home health aide	\$ 7,500	\$ 1,000				\$ 8,500	Medicaid, Insurance
32325	Respite	\$ 1,600	\$ 1,000				\$ 2,600	Medicaid
32328	Home & vehicle modifications	\$ 7,100	\$ 5,000				\$ 12,100	Medicaid
32329	Supported community living	\$ 61,500	\$ 80,014	\$ 5,000			\$ 146,514	Medicaid
	Support for Employment							
50362	Prevocational services	\$ 1,000	\$ 3,500				\$ 4,500	Medicaid
50367	Day habilitation	\$ 19,763	\$ 16,703				\$ 36,466	Medicaid
50364	Job development	\$ 3,000	\$ 2,000	\$ 500			\$ 5,500	Medicaid
50368	Supported employment	\$ 8,200	\$ 2,600	\$ 8,000			\$ 18,800	Medicaid
	Group Supported employment-enclave							Medicaid
50369		\$ 2,000	\$ 1,600				\$ 3,600	

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		1,400	1,000	2,400					
32326	Guardian/conservator	\$ 500	\$ 500	\$ 1,000					Legal Aid
32327	Representative payee			\$ -					
32399	Other support			\$ -					
32335	CDAC			\$ -					Medicaid
33330	Mobile meals			\$ -					Medicaid
33340	Rent payments (time limited)	\$ 8,600		\$ 8,600					Section and state subsidy
33345	Ongoing rent subsidy	\$ 186,920	\$ 2,600	\$ 190,020					Section and state subsidy
33399	Other basic needs	\$ 3,100	\$ 500	\$ 3,600					GA, other comm prog.
41305	Physiological outpatient treatment			\$ -					Medicaid
41306	Prescription meds	\$ 11,850	\$ 500	\$ 12,350					Medicaid
41307	In-home nursing			\$ -					Medicaid
41308	Health supplies			\$ -					Medicaid
41399	Other physiological treatment			\$ -					Medicaid
42309	Partial hospitalization			\$ -					
42310	Transitional living program			\$ -					
42363	Day treatment			\$ -					Medicaid
42396	Community support programs			\$ -					
42399	Other psychotherapeutic treatment			\$ -					Medicaid
43399	Other non-crisis evaluation			\$ -					Medicaid
44304	Emergency care	\$ 1,200		\$ 1,200					Medicaid
44399	Other crisis services			\$ -					Medicaid
45399	Other family & peer support			\$ -					Medicaid
50361	Vocational skills training			\$ -					
50365	Supported education			\$ -					
50399	Other vocational & day services			\$ -					Medicaid
63XXX	RCF 1-5 beds	\$ 241,700	\$ 5,000	\$ 246,700					
63XXX	ICF 1-5 beds			\$ -					
63329	SCL 1-5 beds	\$ 57,615	\$ 6,500	\$ 64,115					
63399	Other 1-5 beds			\$ -					

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	Other Congregate Services	Other Comm Living Support Services Total	\$ 1,310,638	\$ 20,000	\$ 9,000	\$ -	\$	\$ 1,339,638
	50360	Work services (work activity/sheltered work)	\$ 39,400	\$ 70,000	\$ 5,000			\$ 114,400
	64XXX	RCF 6 and over beds	\$ 197,120	\$ 43,000				\$ 240,120
	64XXX	ICF 6 and over beds						\$ -
	64329	SCL 6 and over beds	\$ 3,000					\$ 3,000
	64399	Other 6 and over beds						\$ -
		Other Congregate Services Total	\$ 239,520	\$ 113,000	\$ 5,000	\$ -		\$ 357,520
		Administration						
	11XXX	Direct Administration					141324	\$ 141,324.00
	12XXX	Purchased Administration					45700	\$ 45,700.00
		Administration Total					\$187,024	\$ 187,024.00
		Regional Totals	\$ 2,665,141	\$ 253,967	\$ 27,500	\$ -	\$187,024	\$ 3,133,632
	(45XX-XXX)County Provided Case Management							\$ -
	(46XX-XXX)County Provided Services							\$ -
		Regional Grand Total						\$3,133,632.00

Transfer Numbers

- 13951 Distribution to MHDS regional fiscal agent from member county
- 14951 MHDS fiscal agent reimbursement to MHDS regional member county

0 \$

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REVENUE BUDGET

FY 2018 Budget	County Rural Offices of Social Services MHDS Region		
Revenues			
	Projected Fund Balance as of 6/30/17		\$5,430,253
	Local/Regional Funds		\$2,875,682
10XX	Property Tax Levied	\$2,873,816	
5310	Client Fees		
6110	Reimb. From private source	\$601	
8470	Miscellaneous	\$1,265	
	State Funds		\$ -
2250	MHDS Equalization		
2645	State Payment Program		
	Federal Funds		\$ -
2344	Social services block grant		
2345	Medicaid		
	Total Revenues		\$ 2,875,682

Total Funds Available for FY18	\$ 8,305,936
FY18 Projected Regional Expenditures	\$ 3,133,632
Projected Accrual Fund Balance as of 6/30/18	\$ 5,172,304

- The deficit of (\$259,815) between revenues and expenditures will be expended from the regional fund balance.

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Levy Information by Member County

County	2015 Est. Pop.	47.28 Per Capita Levy	Base Year Expenditure Levy	Old Max Levy	FY18 Max Levy	FY18 Actual Levy	Actual Levy Per Capita
Clarke	9259	\$437,766	\$430,559	\$430,559	\$362,325	\$362,325	39.1322372
Decatur	8220	\$388,642	\$321,858	\$321,858	\$321,667	\$321,667	39.1322372
Lucas	8682	\$410,485	\$441,861	\$410,485	\$339,746	\$339,746	39.1322372
Marion	33294	\$1,574,140	\$1,089,896	\$1,089,896	\$1,302,869	\$1,089,896	32.7355079
Monroe	7973	\$376,963	\$340,278	\$340,278	\$312,001	\$312,001	39.1322372
Ringgold	5068	\$239,615	\$342,082	\$239,615	\$198,322	\$198,322	39.1322372
Wayne	6385	\$301,883	\$254,099	\$254,099	\$249,859	\$249,859	39.1322372
Region	78881	\$3,729,494	\$3,220,633	\$3,086,790	\$3,086,790	\$2,873,816	\$36.43

County property tax dollars are maintained in member county accounts for payment of local services and employment costs for regional personnel. Member counties contribute to a pooled regional account to cover regional services and administrative costs. The pool also serves as a risk pool for members whose local regional accounts become fully encumbered. The Region had a member county need pooled funds in FY16 and part of FY17. The member county has recovered from the negative equity position and will begin contributing to the regional pool in FY18.

Financial Forecasting

Historical service utilization is the starting point for the financial projections. However, recent changes in the system including transition to residency, Iowa Health and Wellness Plan, Medicaid Modernization with the implementation of Managed Care Organizations for management of most Medicaid services, the closing of two Mental Health Institutes in Southern Iowa and the addition of a new member county mid-year 2016 continue to provide challenges to using historic data.

Throughout the year CROSS MHDS staff, the regional Advisory Board and local stakeholders will identify unmet needs and areas for service development, and accounting for legislative action will be incorporated into subsequent budgets. The region is forecasting for new services it is creating based on cost estimates from providers who offer similar services.

The region will be expanding access to Crisis Stabilization Residential Services, Mobile Crisis Response, Supported Housing and Employment First. In addition the Region will be developing services to support the Stepping Up initiative by expanding jail diversion services. The Region will also continue to advance the use of Evidenced Based Practices and Quality Service Development and Assessment.

Provider Reimbursement Provisions

The CROSS Region has a contracting process to initiate with current and new or potential providers of services to assure they meet the accrediting requirements and are in good standing. The CROSS CEO will perform and maintain a record of the monthly exclusion review with the OIG. All providers will be asked to produce a copy of their licensure, accreditation or certification. All contracts will have an applicable access standard incorporated into the contract with reporting requirements. All contracts and associated documentation will be kept in a central file located in the office of the Region's CEO.

Based on contracting criteria, the CROSS will contract with MHDS providers whose base of operation is in the Region to meet the service needs of the population. The Region may also honor contracts that other Regions have negotiated with their local providers and may choose to contract with providers outside of the Region. A contract may not be required with providers that provide one-time or as needed services.

Funding mechanisms utilized by CROSS may include vouchers and other non-traditional means to fund services. At this time, the CROSS utilizes fee-for-service funding as well as limited block grants for specific activities where billing based on individuals is impractical (example: emergency services, 24 hour telephone response, etc.) The Region will also be funding systems of care approaches such as integrated health homes. The region may choose to utilize start up grant funding for new services issued through a RFP process. CROSS provides funding by incorporating all available funding and insurance resources in its system of care. Care coordinators within the region will assess eligible applicants' resources, insurance, family and community supports and will utilize all sources of funding prior to accessing regional funds.

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The Region is moving toward outcomes-based funding and will examine ways to develop financial incentives for obtaining high performance individual outcomes and cost effectiveness to incorporate into the contracting process. The region is participating in the (QSDA) Quality Services Data Assessment work groups to develop a standardized outcomes process and evidenced-based practices approach for all the regions. The region is in the beginning stages of working with the Department of Human Services - MHDS to develop a system for reporting provider compliance with service access standards as outlined in IAC 441-25.3.

CROSS will contract with traditional and non-traditional providers to ensure core services are available within the region. A non-traditional provider may be an individual, organization and/or business who deliver services in the consumer's home and/or other community setting. Non-traditional providers typically are individuals, organizations, or businesses which do not provide MH/ID/DD services as a part of their normal business.

CROSS has identified the following providers currently contracting with the region. Additional providers may be added throughout the year as services are developed to meet the continuum of service needs of individuals. Three Integrated Health Homes have been authorized in our region; we currently have contracts with two.

Amendment:

This amendment is being made to incorporate the SF 504 adjustments to the mental health property tax levy.

On April 18, 2017, the Iowa Legislature passed Senate File 504. Section 8 states, "For the fiscal year beginning July 1, 2017, the regional per capita amount is the sum of the base expenditure amount for all counties in the region divided by the population of the region. However, a regional per capita expenditure target amount shall not exceed the statewide per capita expenditure target amount.

The new per capita amount for the CROSS region is \$39.13. The impact of the new per capita amount requires six of the seven-member counties to lower their mental health levies by a total of \$213,075. Marion county had the option to raise their levy from \$32.74 to the new per capita amount of \$39.13 but opted to stay at their current rate. Resulting in a net reduction in the mental health property tax levied for the support of mental health services in the CROSS MHDS Region by \$212,973.

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PROVIDER NETWORK	
CORE: Outpatient Mental Health Services, Peer Support, Evaluation, Family Support, Health Homes	
Community Health Centers of Southern Iowa, Health Home, Peer support, family support, Crisis Evaluation, Outpatient mental health services, medication prescribing and management, twenty-four hour access to crisis response, assessment and evaluation.	302 NE 14 th St, Leon, Iowa 50144: Ph: 641-446-2383 802 E Ackerley, Lamoni, Iowa 50140: Ph: 641-784-7911 204 S. Franklin, Corydon, Iowa 50060 (Set appointments through the Leon or Lamoni offices)
Cross Roads Health Home, Peer support, family support, Crisis Evaluation, Outpatient mental health services, medication prescribing and management, twenty-four hour access to crisis response, assessment and evaluation.	820 N. Main St. #1, Osceola, Iowa 50213 Ph: 641-342-4888
Integrative Counseling Services Psychiatric diagnostic evaluation, Psychotherapy individual, family member, Psychotherapy for Crisis, Outpatient Counseling.	909 W. Pleasant Street, Knoxville, Iowa 50138 Ph: 641-842-4357
Lucas County Health Center Outpatient mental health services, Crisis Evaluation, medication prescribing and management, assessment and evaluation, family	1200 N. 7 th St., Chariton, Iowa 50049 Ph: 641-774-3370 Will be merging with Community Health Centers of Southern Iowa. Projected date of merger is 6/30/20107.

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counseling.	
Optimae Lifeservices Psychiatric Diagnostic Evaluation, Outpatient mental health counseling, crisis evaluation and counseling, group therapy, Psychological testing and Peer Support.	301 West Burlington, Fairfield, Iowa 52556-3242 PH: 641-472-5771
Pine Rest Christian Mental Health Psychiatric Diagnostic Evaluation, Psychotherapy – outpatient, Crisis psychotherapy, group therapy, Psychological testing.	2611 Washington, Pella Iowa 50219 PH: 641-628-9599
CORE: Inpatient mental health treatment Mental Health Institutes and Hospitals	
Mary Greeley Medical Center	1111 Duff Ave., Ames Iowa 50010 Ph: 515-239-2155
CORE: CRISIS INTERVENTION SERVICES	
Foundation 2 24 hour / 365days- Crisis Line	1714 Johnson Ave NW, Cedar Rapids, IA 52405 Phone: 319-362-1170
Integrated Telehealth Partners Crisis evaluation, Psychiatric evaluation	2829 Westown Pkwy. Ste. 220 West Des Moines, Iowa 50266 PH: 319-362-1170
CORE: Day Habilitation, SCL, Home Community Based Services, Respite	
MOSAIC –ID only - SCL, Day Hab	405 East Mc Lane St., Osceola, Iowa 50213
New Horizons – MI, BI, ID populations Supported Community Living - Hourly	220 N. Douglas, Afton, IA 50830-7723 PH: 641-347-8010
Southern Iowa Independent Living SCL – hourly and daily (MI, ID populations)	PO Box 1066, Centerville, Iowa 52544 PH: 641-895-6894
Southern Iowa Resources for Families – Hab, BI, D/D and ID populations - SCL, Respite	1605 W 1 st St., Leon, Iowa 50144, Ph: 641-446-6808 103 S. Lafayette St., Corydon, Iowa, 50060 Ph: 641-872-1411
Christian Opportunities Center Supported Community Living (SCL)-hourly, (ID, BI, MI populations); Day Habilitation (MI, ID	1553 Broadway, Box 347, Pella, IA 50219 PH: 641-628-8087

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populations)	
Crest Services – Hab, BI, D/D and ID populations SCL – daily and hourly, respite, CDAC, RCF	1221 Brookdale, Chariton, Iowa 50049 Ph: 641-774-5291
Ringgold County Supportive Services - ID pop only – Day habilitation	507 South Henderson Dr, Mount Ayr, IA 50854 641-464-2067
Tenco Industries – ID, MI, BI populations Supported Community Living: hourly and 24 hour Respite – individual (ID and BI) and group (ID) Day Habilitation - ID Adult Day Care - ID	710 Gateway Dr., Ottumwa, IA 52501 PH: 641-682-8114
Optimae LifeServices: SCL-daily and hourly; respite, Day Habilitation	301 West Burlington, Fairfield, IA 52556 1711 Osceola Ave. , Chariton, Iowa 50049-1516 PH: 641-774-2133
CORE: Case Management	
Southeast Iowa Case Management – ID, BI	103 South Clinton, Albia, IA , 52531 Ph: 641-932-5697 12 Washington Ave West, Albia, IA 52531. 641-932-2065.
DHS Case Management	3014 E Main St. Knoxville, IA 50138. 641-842-5087.
CORE: Employment Services: Job development, prevocational services, supported employment	
Christian Opportunities Center Pre-vocational Services, supported employment (MI population)	1553 Broadway, Box 347, Pella, IA 50219 PH: 641-628-8087
MOSAIC – ID population only Job development, prevocational services, supported employment, Project Search	405 East Mc Lane St., Osceola, Iowa 50213 Ph: 641-342-6015
Southern Iowa Resources for Families Job development, prevocational services, supported employment	1605 W 1 st St., Leon, Iowa 50144 Ph: 641-446-6808 103 S. Lafayette St., Corydon, Iowa 50060 Ph: 641-872-1411
Ragtime- ID and MI population- Job development, prevocational services,	116 North 2 nd Street, Albia, Iowa 52531 Ph: 641-932-7813

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supported employment	
Tenco Industries – ID, BI populations Pre-vocational, Job coaching	710 Gateway Dr., Ottumwa, IA 52501 PH: 641-682-8114
Optimae LifeServices : Supported Employment, Job Coaching, Job Development,	301 West Burlington, Fairfield, IA 52556 1711 Osceola Ave. , Chariton, Iowa 50049-1516 PH: 641-774-2133
CORE: HOME HEALTH AIDE	
Clarke County Public Health	134 W Jefferson St., Osceola, IA 50213 Phone: 641-342-3724
Decatur County Public Health	207 NE Idaho St., Leon, IA 50144 Phone: 641-446-7178
Lucas County Public Health	123 S. Grand, Chariton IA, 50049 b Phone: 641-774-4312
Monroe County Public Health	1801 South B Street, Albia, IA 52531 Phone: 641-932-7191
Ringgold County Public Health	119 S. Fillmore, Mt.Ayr., IA 50854Phone: 641-464-0691
Wayne County Public Health	417 S. East St., Corydon, IA 50060 Phone: 641-872-1167
CORE: Home and Vehicle Modification	
Hammer Medical Supplies	1801 2 nd Ave., Des Moines, IA 50314 Phone: 515-213-2886
CORE: Personal Emergency Response System	
Connect America	One Belmont Avenue, Suite 1205 Bala Cynwyd, PA 19004 President Healthcare Division: Richard Brooks

Additional Services: Residential Care Facilities	
Brees Rest Home – ID, MI populations	210 Washington Ave. E., Albia, Iowa 52531 Ph: 641-932-5517
Knoxville/Pleasant Hill Residential – ID,MI Populations	PO Box 287, Knoxville, Iowa 50138 PH: 641-842-4618 Pleasant Hill Residential, PO Box 57010, Pleasant Hill, IA 50317
New Venture – ID,MI populations	401 S. Washington, Corydon, Iowa 52531 Ph: 641-872-1524
Ringgold County Group Home – ID population	111 Ringgold St., Mt.Ayr, Iowa 50854 Phone: 641-464-2871
Tenco Industries – ID, BI populations	710 Gateway Dr., Ottumwa, IA 52501 PH: 641-682-8114
Work Activity	
Christian Opportunities Center	1553 Broadway, Box 347, Pella, IA 50219 PH: 641-628-8087

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Work activity – ID,MI population	
Ragtime- ID and MI population-work activity	116 North 2 nd Street, Albia, Iowa 52531 Ph: 641-932-7813
Tenco Industries – ID, BI populations Work activity	710 Gateway Dr., Ottumwa, IA 52501 PH: 641-682-8114

Evidenced-Based Programs	
Resources for Human Development,(RHD) Assertive Community Treatment (ACT) CMI population	201 NE Idaho St., Leon, Iowa 50144 319-640-1011